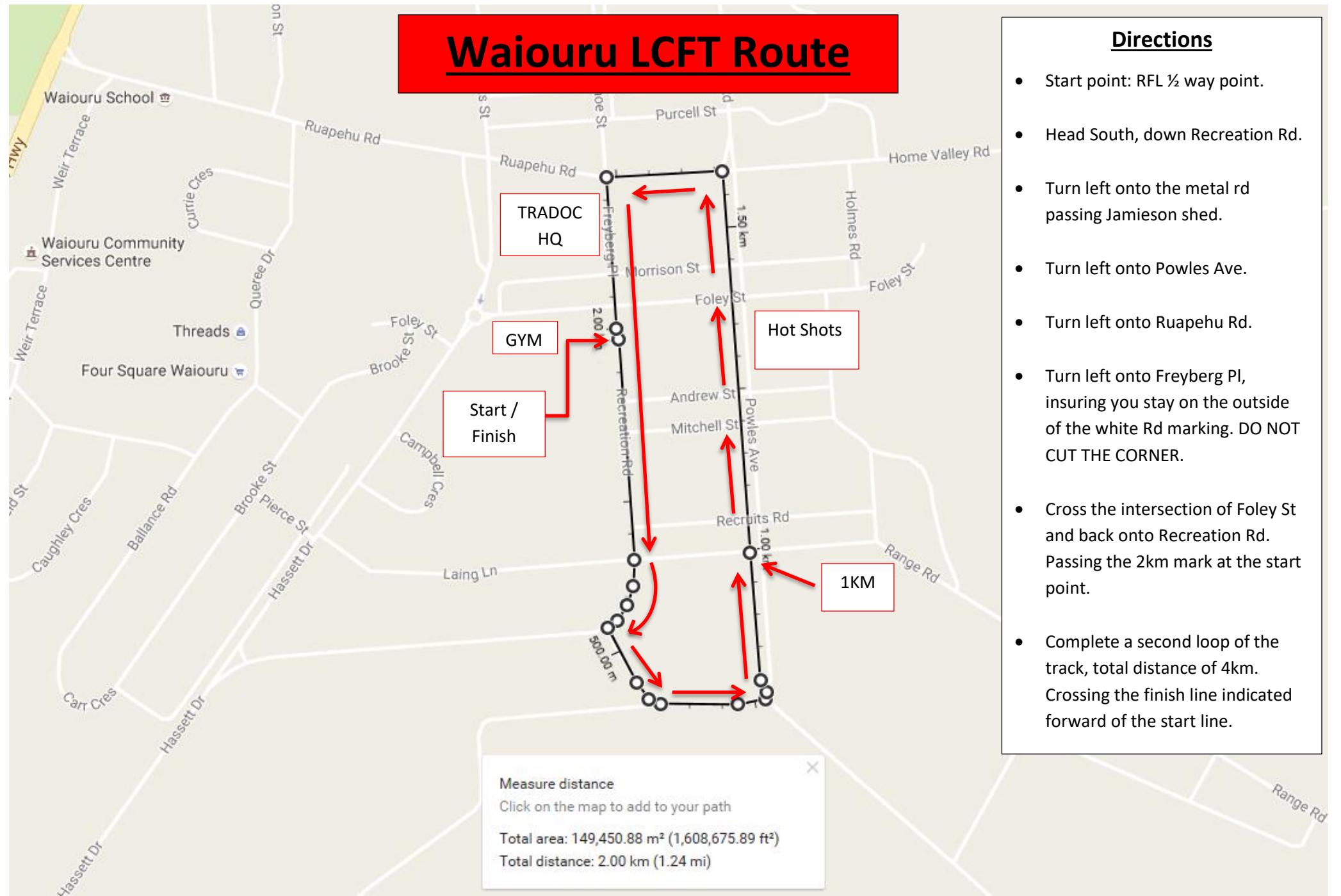


Waiouru LCFT Route



Directions

- Start point: RFL ½ way point.
- Head South, down Recreation Rd.
- Turn left onto the metal rd passing Jamieson shed.
- Turn left onto Powles Ave.
- Turn left onto Ruapehu Rd.
- Turn left onto Freyberg Pl, insuring you stay on the outside of the white Rd marking. DO NOT CUT THE CORNER.
- Cross the intersection of Foley St and back onto Recreation Rd. Passing the 2km mark at the start point.
- Complete a second loop of the track, total distance of 4km. Crossing the finish line indicated forward of the start line.